## The last taboo? Talking about dying



Join Emma and James to gain confidence in talking about death and dying. Increase your awareness on these subjects and be better prepared for conversations in your community.

## Themes covered include:

- why some people don't talk about dying and why they should;
- how we find meaning, purpose and values and how they matter at the end of life;
- listening & communication;
- what we could do differently when we talk about dying?

Where? Leyburn Methodist Church Hall When? Wednesday November 2nd What time? 10am to 1pm

## Bring your lunch and stay and chat together

**Who is it for?** Anyone who wants to be able to talk more openly about dying, death and a meaningful end to life.

**How to book your place** – email ballantynej@methodistchurch.org.uk or

register here <a href="https://www.eventbrite.co.uk/e/the-last-taboo-leyburn-tickets-402632583897">https://www.eventbrite.co.uk/e/the-last-taboo-leyburn-tickets-402632583897</a>

The Methodist Church
Learning Network
North East