

Jesus Walks on Water



You can colour this picture.



From the Bible

Right away Jesus made his disciples get into the boat. He had them go on ahead of him to Bethsaida. Then he sent the crowd away. After leaving them, he went up on a mountainside to pray.

Later that night, the boat was in the middle of the Sea of Galilee. Jesus was alone on land. He saw the disciples pulling hard on the oars. The wind was blowing against them. Shortly before dawn, he went out to them. He walked on the lake. When he was about to pass by them, they saw him walking on the lake. They thought he was a ghost, so they cried out. They all saw him and were terrified.

Right away Jesus said to them, “Be brave! It is I. Don’t be afraid.” Then he climbed into the boat with them. The wind died down. And they were completely amazed.

Mark, chapter 6, verses 45-51, New International Reader's Version

? To think about

Have you ever been scared by things going on around you?

Who helps you when you're scared or worried?

You can tell God about your worries and when you're afraid. Ask God for help and to give you strength to tell someone. God uses people to help others. Remember if you're scared you can talk to your mum or dad, a teacher at school, someone at church, or if there's no other person, you can phone Childline 0800 11 11.

Take a look at this picture of the story by Maggi Hambling from the Methodist Modern Art Collection.

You can see a bigger version online at:

<https://www.methodist.org.uk/our-faith/reflecting-on-faith/the-methodist-modern-art-collection/index-of-works/good-friday-walking-on-water-2006-maggi-hambling/>

What noise do you think the waves were making?

Can you spot Jesus?





Cooking (you will need help from a grown up for this)

An edible sea

You will need:

- Green or blue jelly
- Plain biscuits (e.g. digestives)
- Carrot
- Jelly babies
- Apple quarters
- Knife **(ask a grown up for help)**
- Potato peeler

Make some green or blue jelly so that it looks like the sea. When it has set, chop it up **(ask a grown up for help)**.

Crumble some biscuits into the bottom of a glass dish until it looks like a layer of sand. Now spoon in the chopped-up jelly.

Add in some Jelly Baby swimmers, some apple quarter boats and maybe some carrot fish - use the peeler to make a long thin slice of carrot and then cut it into the shape of a fish **(ask a grown up for help)**.

What other things can you find to add to your edible sea?

Idea from messychurch.org.uk



Craft Activity

Jesus walks on water

You will need:

- Jug of water
- Whiteboard / dry wipe marker
- Food colouring optional
- Glass

Draw a stickperson on the bottom of your glass with the marker pen. Wait a few moments for it to dry and then gently pour on some water. Your person will lift off the glass and literally float on the top of the water. You can try blowing gently to make him move and dance!

Idea from messychurch.org.uk



Outdoor Activity Suggestions

Puddles

In spring in Britain it's bound to rain soon! So have some fun with puddles. Stand still and see what is reflected in puddles. Can you blow the puddles hard enough to make waves? Put on wellingtons and jump in puddles.



Building Challenge

Can you build a boat big enough for you to sit in?

Song

My Lighthouse

<https://www.youtube.com/watch?v=JeJvKkBV6rY>

<https://www.youtube.com/watch?v=d5RSzFQIfvc>

Ask the person who is looking after you today to let you sing along to this song on the computer.



Prayer

Amazing God,

Thank you that you help us when we're feeling scared.

Thank you that you bring calmness when we're feeling worried.

Help us to turn to you when we're afraid.

Amen.

(Amen just means 'I agree' in the language that Jesus spoke.)



Puzzle

Find the hidden message by crossing out the letters x, y and z.

XJYESZYUS XSAXIZDZ, "YBEX BZRYZAVEX!
IZYT YIXS IZ. DZOY NXYOT ZBYE ZAYFX YRAZXIDY."

-----, "-----!"

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