

Be Caring

Mothering Sunday



You can colour this picture if you would like to.



From the Bible

There were two Hebrew women named Shiphrah and Puah. They helped other women having babies. The king of Egypt spoke to them. He said, “You are the ones who help the other Hebrew women. Watch them when they get into a sitting position to have their babies. Kill the boys. Let the girls live.” But Shiphrah and Puah had respect for God. They didn’t do what the king of Egypt had told them to do. They let the boys live. Then the king of Egypt sent for the women. He asked them, “Why have you done this? Why have you let the boys live?”

The women answered Pharaoh, “Hebrew women are not like the women of Egypt. They are strong. They have their babies before we get there.”

So God was kind to Shiphrah and Puah. And the number of Israelites became even greater. Shiphrah and Puah had respect for God. So he gave them families of their own.

Then Pharaoh gave an order to all his people. He said, “You must throw every Hebrew baby boy into the Nile River. But let every Hebrew baby girl live.”

Moses Is Born

A man and a woman from the tribe of Levi got married. She became pregnant and had a son by her husband. She saw that her baby was a fine child. And she hid him for three months. After that, she couldn’t hide him any longer. So she got a basket made out of the stems of tall grass. She coated the basket with tar. She placed the child in the basket. Then she put it in the tall grass that grew along the bank of the Nile River. The child’s sister wasn’t very far away. She wanted to see what would happen to him.

Pharaoh’s daughter went down to the Nile River to take a bath. Her attendants were walking along the river bank. She saw the basket in the tall grass. So she sent her female slave to get it. When she opened it, Pharaoh’s daughter saw the baby. He was crying. She felt sorry for him. “This is one of the Hebrew babies,” she said.

Then his sister spoke to Pharaoh’s daughter. She asked, “Do you want me to go and get one of the Hebrew women? She could breast-feed the baby for you.”

“Yes. Go,” she answered. So the girl went and got the baby’s mother. Pharaoh’s daughter said to her, “Take this baby and feed him for me. I’ll pay you.” So the woman took the baby and fed him. When the child grew older, she took him to Pharaoh’s daughter. And he became her son. She named him Moses. She said, “I pulled him out of the water.”

Exodus chapter, 1, verse 15 to chapter-2, verse 10, New International Reader's Version

? To think about

I wonder what Moses felt when he was hidden in the basket?

Do you like hiding or do you prefer to be the one who seeks?

How many people were brave and caring and looked after Moses to keep him safe?

How many people look after you?



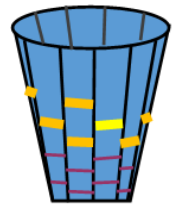
Craft Activity

Paper cup basket weaving

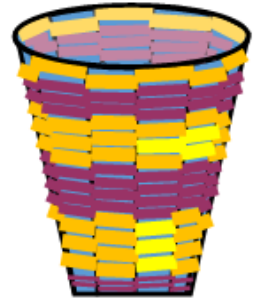
You will need:

- A paper cup (or paper plate)
- Wool, ribbons, coloured thread
- scissors

Cut your paper cup into 9 even strips from the rim to the base. Take your first piece of wool, ribbon or thread – about as long as your arms. Tie it to the bottom of one of the strips on the cup. Then weave your wool, ribbons or thread in and out of the strips that you have cut into your cup. Go round and round until you've used up all this piece. Now choose a different colour to make patterns. Keep pushing your weaving down the cup so that it holds everything together and covers the cup completely.



What could you keep safe inside your paper cup basket?



Craft Activity

A safe place to hide

Can you help insects to find a safe place to hide and where they will be protected?

http://treetoolsforschools.org.uk/activities/pdfs/pdf_minibeast_palace.pdf



Outdoor Activity Suggestions

Hide and seek

Go to the park with your family and play a game of hide and seek. Make sure you know where the boundaries are so that the people who are looking after you can keep you safe.



Building Challenge

Can you re-use some old plastic to make a basket for Moses? Does it float?

Song

I'm gunna jump up and down

Ask the person who is looking after you today to let you sing along to this song on the computer.

<https://www.youtube.com/watch?v=88sMclwWqdl&list=PL8Q8PGsETCz6udhOISjMI9SQ33Jyg-x1-&index=17> (with Makaton)

or

<https://www.youtube.com/watch?v=1srGiXEypEM>

Prayer

Loving God,

Thank you for all the people who love us, look after us and keep us safe.

On Mothering Sunday, thank you for mums and grannies, big sisters, aunties and family friends.

Amen.

(Amen just means 'I agree' in the language that Jesus spoke.)

? Puzzle

Here are some of the people from the story today.

Can you connect the objects with the likely owners?



Today we are thinking about the good things our mothers and other helpers do for us.

Saying 'thank you' is an important thing to do. Can you complete the phrases of things

to thank our mothers and helpers for? What other things do we need to add?

G _ o _ _ _ o _ d _____

Cl _ _ n clo _ _ es _____

ha _ p _ h _ m _ s _____

re _ d _ n _ _ o _ ri _ s _____

p _ a _ i _ g g _ m _ s _____