

## Be Fair

This weekend is part of Fairtrade Fortnight 2021. Activities this week have been adapted from the Fairtrade Foundation website and you can find more information and ideas here: <https://schools.fairtrade.org.uk/teaching-resources/#page-1>



Original Images: pixy.org

You can colour the picture if you would like to.



## From the Bible

### Jesus said:

Here is a simple, rule-of-thumb guide for behaviour: Ask yourself what you want people to do for you, then grab the initiative and do it for them. Add up God's Law and Prophets and this is what you get.

Matthew chapter 7, verse 12. The Message Version

### ? To think about

*I wonder how you like to be treated?*

*How do you feel when you think you have been treated unfairly?*

*I wonder what you think when you see your friend being treated unfairly?*

*How does it make you feel when people across the world don't get a fair share?*



### Craft Activity

#### Where in the world?

*You will need:*

- A world map printed from the internet
- Stickers or coloured paper
- Scissors
- Glue

Research information about Fairtrade food, where it is grown in the world. Find these countries on the world map then use the stickers or coloured paper to mark the places. You could decorate the areas that grow your favourite Fairtrade foods.

### ? To think about

*Are there one or two things that you enjoy eating that you could swap and have Fairtrade equivalents instead? How about chocolate or bananas? It is quite easy to find Fairtrade bananas and chocolate.*



## Cooking

### Fairtrade Mug Cookie

*You will need:*

- A tablespoon (tbsp) = 3 teaspoons
- A teaspoon (tsp)
- Large mug
- Whisk or fork
- Microwave
- 1 tablespoon (tbsp) unsalted butter
- 1 tbsp Fairtrade granulated sugar
- 1 tbsp Fairtrade brown sugar
- 2 teaspoons Fairtrade vanilla
- Pinch of salt
- 1 egg yolk
- 2 ½ tbsp. plain flour
- ½ tbsp. Fairtrade cocoa powder
- 1 tbsp Fairtrade chocolate chips

Put the butter in the mug and heat gently in the microwave until just melted. Add in the Fairtrade sugars, salt and Fairtrade vanilla extract, whisk/mix well. Add the egg yolk and mix until no traces of egg can be seen.

Mix in the flour and Fairtrade cocoa powder. Fold in the Fairtrade chocolate chips.

Microwave for 40-50 seconds depending on the power of your microwave – until just cooked, don't overcook. Serve with a scoop of ice-cream (with Fairtrade ingredients if you can find some) and enjoy!!

(Adapted from: <https://www.bbcgoodfood.com/user/3816716/recipe/cookie-mug>)



## Outdoor Activity Suggestion

### Fruit Trees

Many Fairtrade products are fruits that grow in hot countries like bananas. Why don't you go for a walk and see how many different types of UK fruit trees and bushes you can spot. Many fruit trees will just be starting to produce some buds and blossom at this time of year. Which ones provide fruit for people to eat and which ones provide fruit that only animals and birds can eat?

You could think about planting your own fruit tree or bush in your garden or in a pot? Here's some advice on planting trees.

<https://www.woodlandtrust.org.uk/blog/2020/11/planting-fruit-trees/>



## Building Challenge

Create a Fairtrade farm in a box using building bricks or junk modelling. What Fairtrade product is your farm going to grow?

## Song

### It's a new new day

<https://www.youtube.com/watch?v=nVsmwrNWphI>

<https://www.youtube.com/watch?v=PI9mOJmYmzo>

Ask the person who is looking after you today to let you sing along to this song on the computer.

## Prayer

Amazing God,

Thank you for the wonderful food and products that grow in our world.

Help us to think about others when we're choosing what to buy

So that people can get paid a fair amount for their work

And everyone can live a good life.

Amen.

(Amen just means 'I agree' in the language that Jesus spoke.)

## ? Game to play

You can download a full sized version of this game at

<https://schools.fairtrade.org.uk/teaching-resources/breaks-ladders-board-game/>



# ? Quiz

**1**

**2**

**3**

**4**

**5**

**6**

**WHAT ARE THESE?**  
These are all Fairtrade foods or drinks that you might see in your local supermarket – but what are they?

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(Find the answers: <https://schools.fairtrade.org.uk/teaching-resources/fairtrade-picture-quiz/>)