

# Reflect

Methodist spirituality

Northern Retreat at The Briery Retreat Centre, Ilkley, West Yorkshire



Tuesday 16<sup>th</sup> – Thursday 18<sup>th</sup> October 2018

## Water from our own Wells

Leader: Henry Morgan

Cost £200

*Henry says, 'My experience in the ministry of spiritual direction has taught me that people deep down already know most of what they need to know about God: for the most part they don't need new information. The problem is that in a busy life the treasure that lies within us is easily forgotten or overlooked. So, the intention of this retreat is that it might help unblock our wells and allow the God given living waters within to flow free.'*

**Henry Morgan** left Anglican parish ministry in 1992 to set up The Annunciation Trust, which supports and encourages the ministry of spiritual direction. [www.annunciationtrust.org.uk](http://www.annunciationtrust.org.uk). He has been Chair of Spiritual Directors in Europe.

At the foot of Ilkley Moor in the heart of the Yorkshire Dales, **The Briery** is a place of spiritual renewal, where those who come can find God in an atmosphere of love, prayer, healing and peace.

**This will be mostly a silent retreat.**

Interested? Contact Rev Sandie Exley-Watts [sandie@exleywatts.me.uk](mailto:sandie@exleywatts.me.uk)  
01924 840219

